

# Designing resilient plant communities: the Sheffield Method

Dr. Sally O' Halloran

June 2019



‘The  
Sheffield  
School’

(in terms of  
planting  
design!)

<https://www.sheffield.ac.uk/landscape>

# Professor James Hitchmough

## Professional and Academic Background

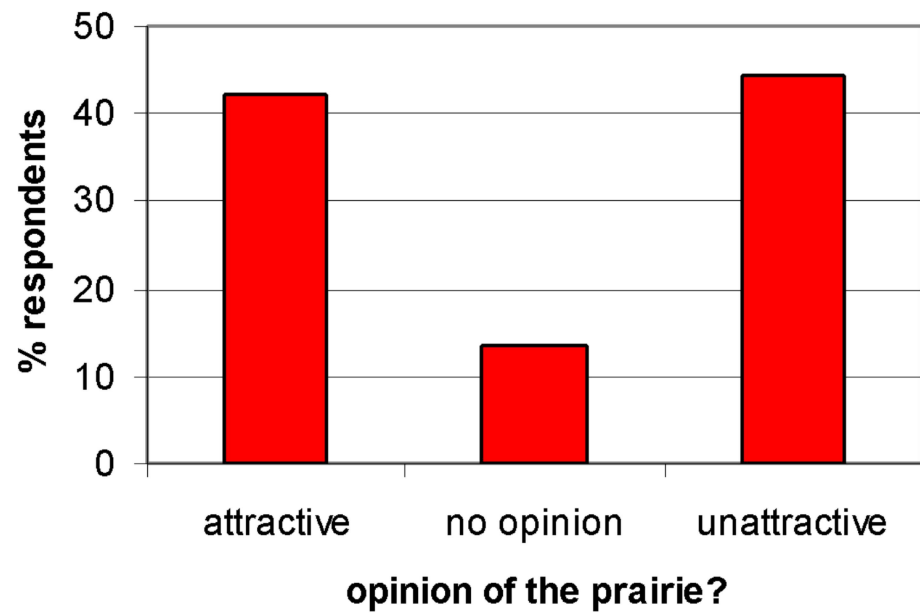
<b>1975-79</b>	University of Bath (School of Biological Sciences). B.Sc Honours Degree in Horticulture (Specialising in Amenity Horticulture), Second Class, First Division
<b>1979-82</b>	University of Bath (School of Biological Sciences) Postgraduate Research (Ph.D.) into: "Development of a Computerised Information System for Landscape Plant Selection". Awarded Ph.D in 1984.
<b>1983-88</b>	Lecturer in Amenity Horticulture at Victorian College of Agriculture and Horticulture, University of Melbourne, Australia
<b>1989</b>	Visiting Lecturer in Landscape Management, University of Manchester 1988-93 Senior Lecturer in Environmental Horticulture at Victorian College of Agriculture and Horticulture, Melbourne, Australia.
<b>1993-95</b>	Lecturer/Course Tutor in Environmental Horticulture at SAC Auchincruive, Ayr, Scotland
<b>1995-2003</b>	Reader in Landscape, Department of Landscape, University of Sheffield
<b>2004</b>	Professor of Horticultural Ecology, Department of Landscape, University of Sheffield

<https://www.sheffield.ac.uk/landscape/staff/profiles/jhitchmough/profilepub>





<http://www.landscape.dept.shef.ac.uk/james/publications.html>







<http://www.landscape.dept.shef.ac.uk/james/publications.html>

# Professor Nigel Dunnett

## Academic Qualifications

1981 - 1984: B.Sc Botany, University of Bristol

1985 - 1986: M.Sc Landscape Ecology, Design and Maintenance. Wye College, University of London

1989 - 1990: Garden Club of America Interchange Fellowship in Horticulture. North Carolina State University.

1991 - 1996: PhD: long-term dynamics of herbaceous vegetation in roadside verges at Bibury, Gloucestershire. Department of Animal and Plant Sciences, University of Sheffield.

## Professional Background

1986-1989: Freelance botanical surveyor, specializing in woodlands. Garden design and construction, with work in UK and Italy.

1994 – 2002: Lecturer, Department of Landscape, University of Sheffield

2003 – 2007: Senior Lecturer, Department of Landscape, University of Sheffield

2006 – present: Director. The Green Roof Centre, University of Sheffield

2007 – present: Reader in Urban Horticulture, Department of Landscape, University of Sheffield

<https://www.sheffield.ac.uk/landscape/staff/profiles/ndunnett/profilepub>



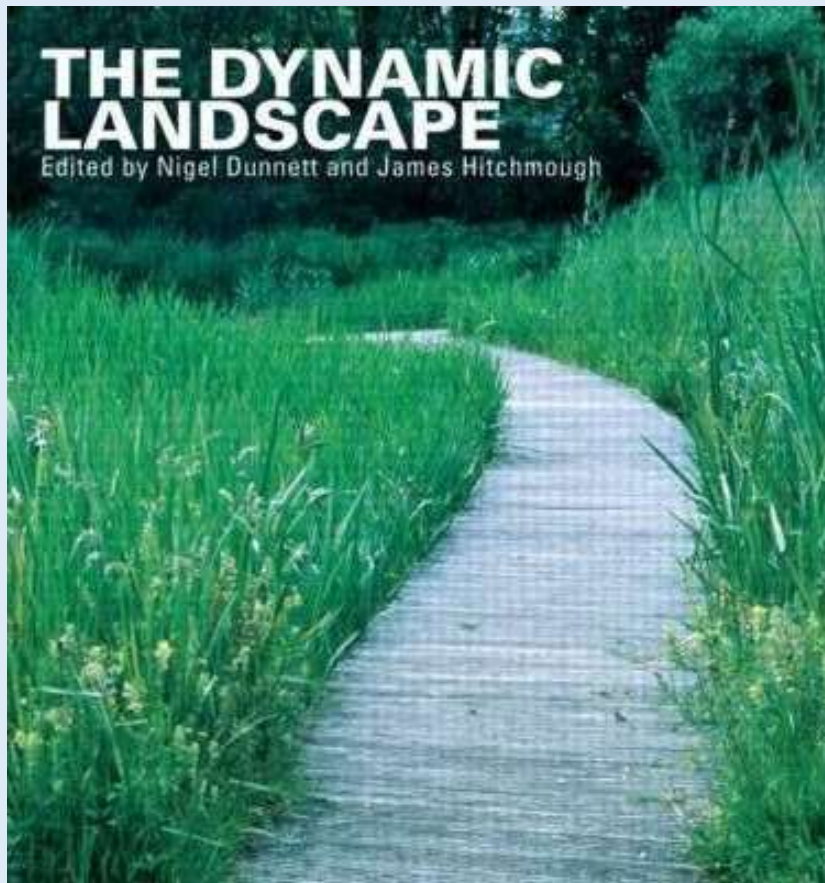
# Pictorial Meadows established in Sheffield



RHS Chatsworth Flower Show, June 2019



# The Dynamic Landscape: Design, Ecology, and Management of Naturalistic Urban Planning (2004)



- Naturalistic herbaceous vegetation differs from conventional herbaceous vegetation in that it mimics the spatial and structural form of semi-natural vegetation
- There will sometimes be distinct canopy layers; shade tolerant near the ground with spring interest
- The decline of early flowering species is masked by the growth of the next 'layer'
- Individual species are generally not planted in clearly defined groups or blocks

**ornamental  
planting**

Mass Planting (single species)  
Block Planting  
Drift Planting

**naturalistic  
planting**

‘New naturalism’  
  
Randomly mixed planting  
  
Seed mixes

Low genetic diversity (such as using a limited number of species or a large number of the same cultivar or clone) exposes the plant community to higher levels of health and biosecurity risk.

(5.4 Designing Plant Communities-The Landscape Consultants Toolkit)





2012 London Olympic Games showcased this approach (Photo Nigel Dunnett)





Getting the  
public on  
board with a  
very different  
aesthetic



Tulipa sprengeri



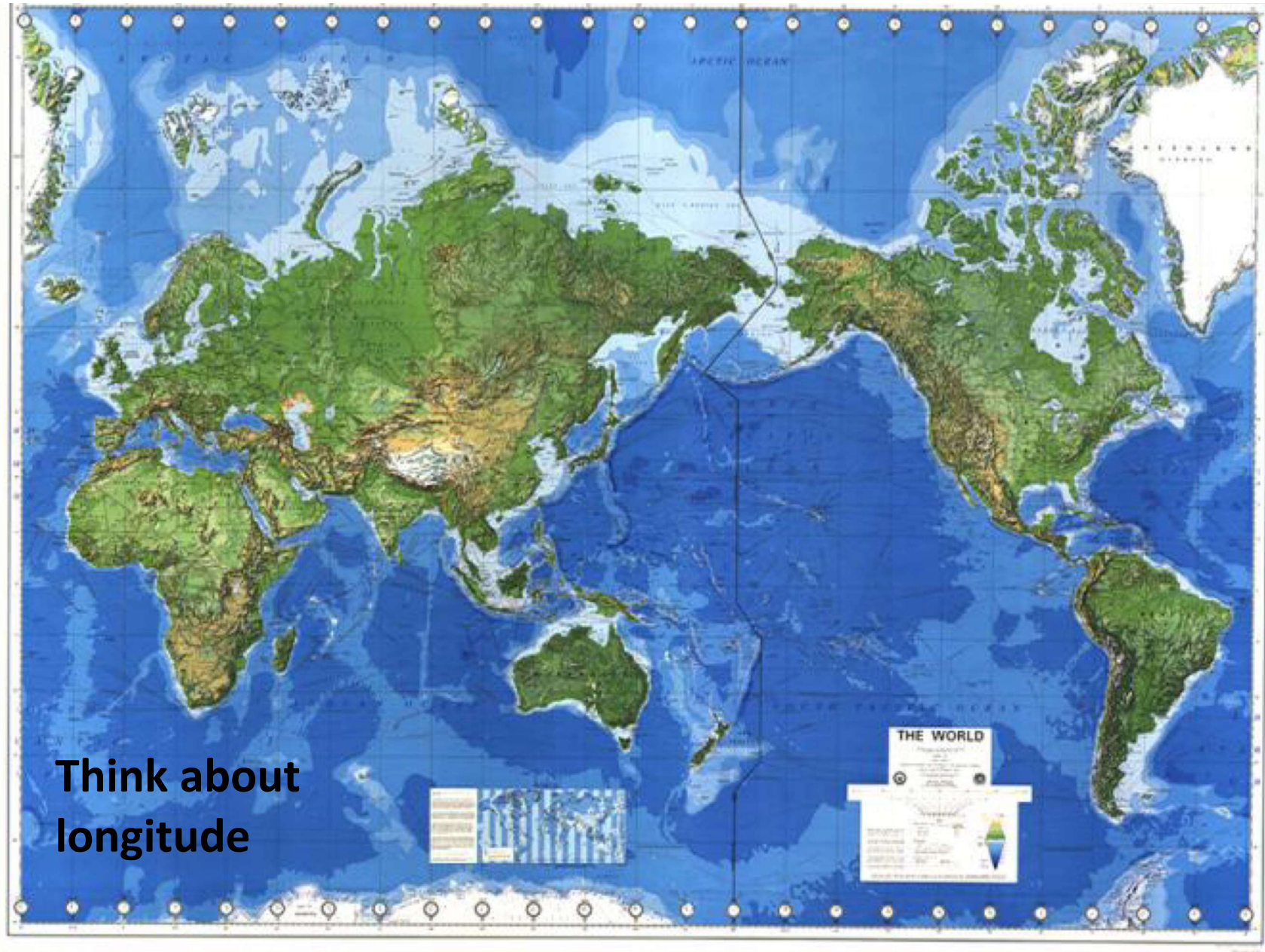


2019 -Where do plants come from? Climatic similarity, especially growing season; temperature and rainfall increases likely robustness. Think about latitude.



<http://www.landscape.dept.shef.ac.uk/james/publications.html>





Think about  
longitude



Western Sichuan at 4500m is climatically similar to Northern Britain





Western Sichuan at 1000m is very different from Northern Britain





Climate of the donor site (where the plants naturally come from)

	Hot dry summers, mild wet winters (Southern Europe or Mediterranean climates)	Hot, dry summer dry cold (snow) Winters (Western North America, Central/Eastern Europe)	Hot, very wet summers Dry Cold (snow) winters: (Central and southern China/USA)	Hot, very wet summers Mild dry winters: (Western and southern China/Florida, Eastern South Africa)	Cool, wet summers and mild cool winters (Coastal Western Europe)
Hot dry summers, mild wet winters (Southern Europe or Mediterranean climates)	✓✓✓	×✓✓	××××	×××✓	×××✓
Hot, dry summer dry cold (snow) Winters (Western North America, Central/Eastern Europe)	××××	✓✓✓	×××✓	×××✓	××××
Hot, very wet summers Dry Cold (snow) winters:	×××✓	×××✓	✓✓✓	××××	×××✓

Climate of the receptor site (where the plants are to be used)

## **The Habitats plants have evolved in**

- This has an over-riding impact on what they will tolerate as landscape elements
- The closer the planting site habitat to the wild habitat the better the fit
- Robustness, persistence
- Tolerance of shade-sun
- Tolerance of wet-dryness



Habitat of the donor site (where the plants naturally come from)

Habitat of the receptor site (where the plants are to be used)

	Wet, shady	Moist shady	Dry shady	Dry sunny	Moist sunny	Wet sunny
Wet, shady	✓✓✓	×✓✓	××✓	××××	××✓	××✓
Moist shady	✓✓×	✓✓✓	✓✓✓	××××	××××	××✓
Dry shady	××✓	××✓	✓✓✓	××✓	××××	××××
Dry sunny	××××	××××	×✓✓	✓✓✓	××✓	××××
Moist sunny	××✓	××✓	×✓✓	×✓✓	✓✓✓	×✓✓
Wet sunny	×✓✓	×✓✓	×✓✓	××✓	××✓	✓✓✓

Silver *Artemisia* and *Lagochilus* in Kyrgyzstan, look at the soil



Plant species respond to stresses differently: plants grown outside their optimal conditions are likely to become stressed, and in turn are more susceptible to Pest and Diseases

(5.3 Specifying Plant Species- The Landscape Consultants Toolkit)



*Kniphofia caulescens* (center) and *K. northiae* in the mountains of Eastern South Africa.

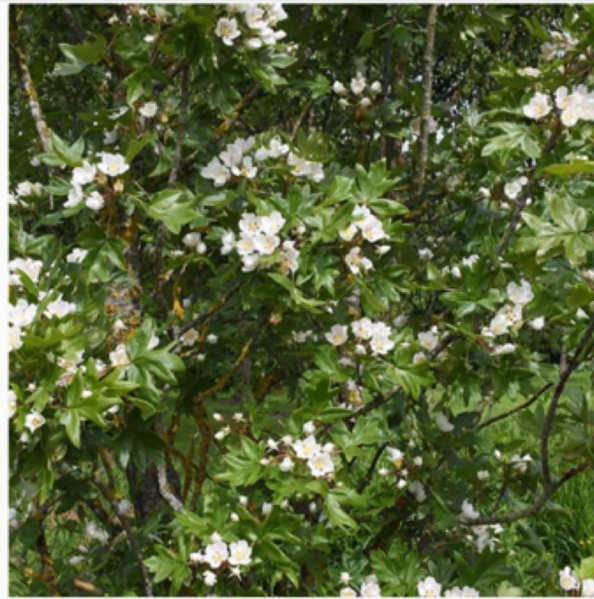


Is this how the  
RHS tells you  
how to grow  
*Kniphofia*?

‘Moist but well  
drained.  
Soil – loam,  
sand’

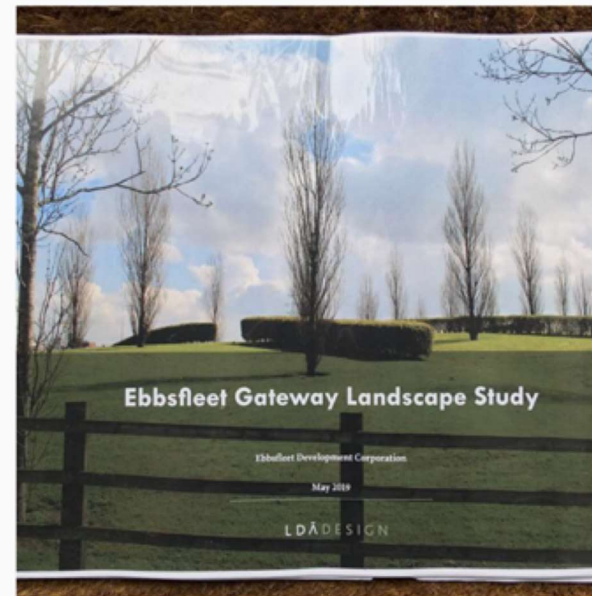
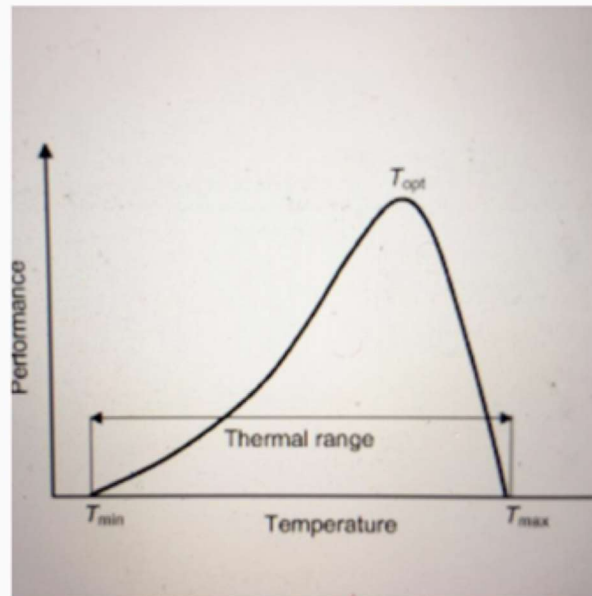
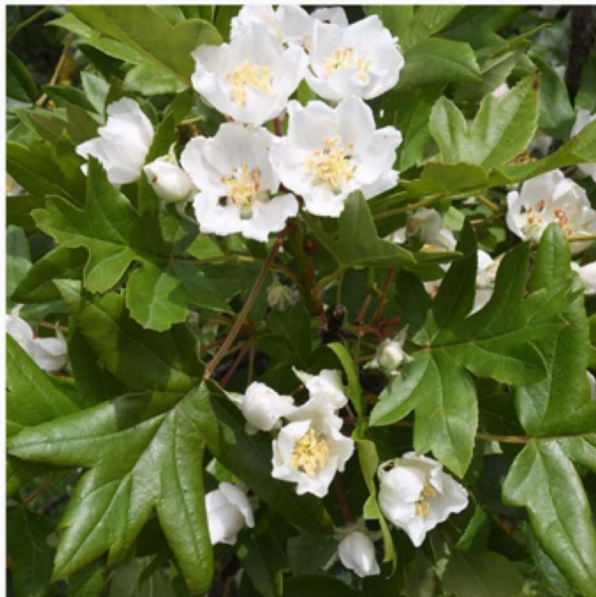
[https://www.rhs.org.  
uk/Plants/9751/Knip  
hofia-  
caulescens/Details](https://www.rhs.org.uk/Plants/9751/Kniphofia-caulescens/Details)





Follow James  
on Instagram

@jameshitc  
hmough







Merton Borders, Oxford University Botanic Gardens by James Hitchmough

For more information on the planting look at: <http://vimeo.com/71742079>



# Estimating quantities of plants in mixes





# Broad Guidance

## Composition of a Mixed Perennial Planting

Structural (Emergent/Anchor) Plants	+/- 10%
Supporting (Satellite) Plants	+/- 40%
Ground covers	+/- 45%
Space fillers (short-lived)	+/- 5%
Total	100%

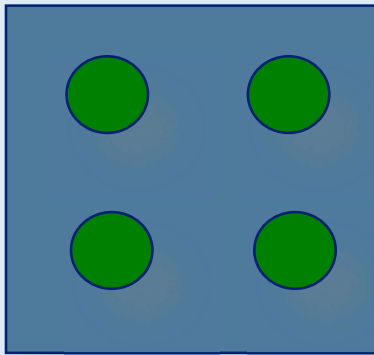
Density 9/m<sup>2</sup>

(Bulbs 20-50/m<sup>2</sup> )

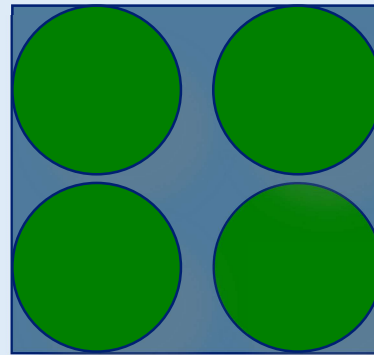
# Why $9/m^2$ ?

Early spring

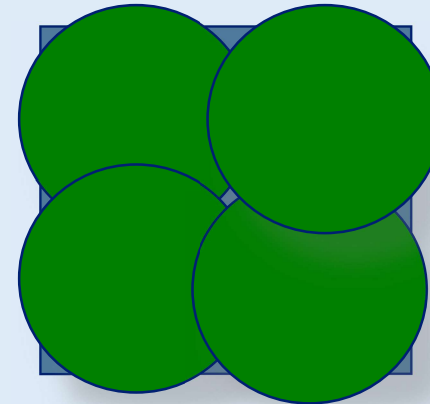
$4/m^2$



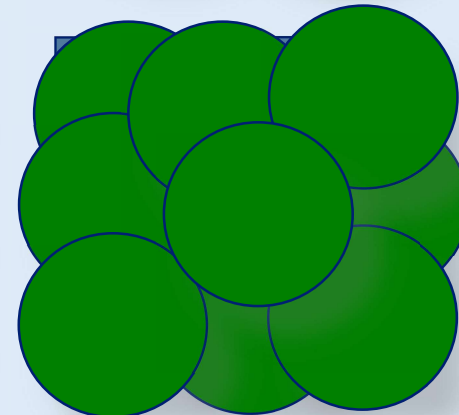
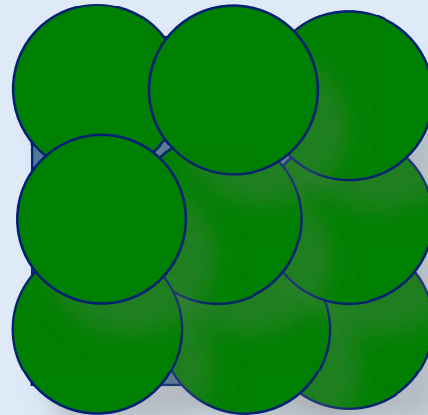
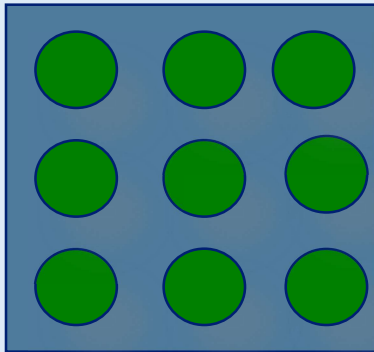
Late spring



Early summer



$9/m^2$



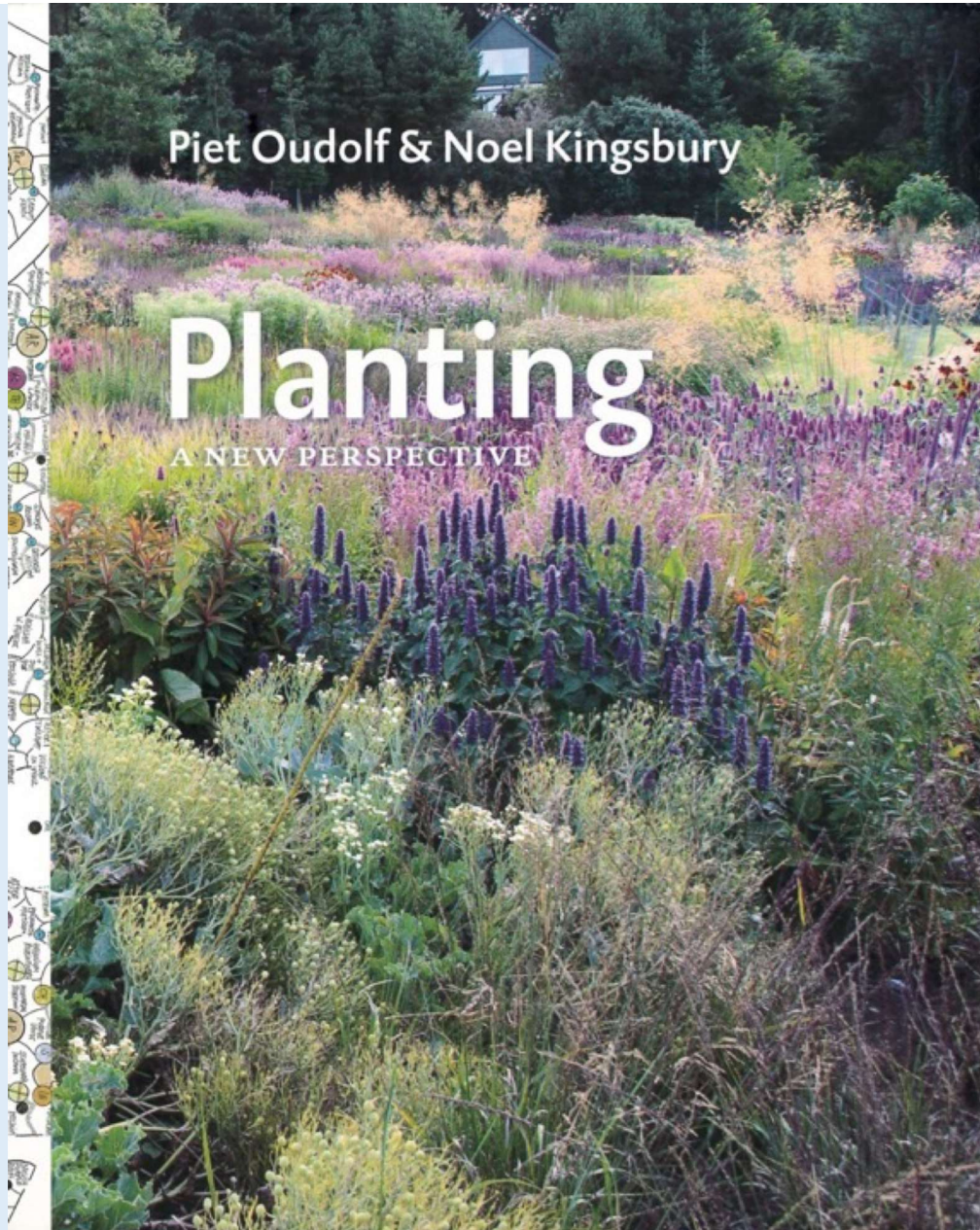


## PLANTING DENSITY - HOW MANY PLANTS PER METRE?



DENSITY	COST	MAINTENANCE	AESTHETIC
LOW	LOW	HIGH	LOW
MEDIUM	MEDIUM	MEDIUM	MEDIUM
HIGH	HIGH	HIGH	HIGH





This book has a 'Plant Directory' at the back with height, spread and density per m<sup>2</sup>.



	HEIGHT (M)	SPREAD (M)	N° PER M²
<i>Aruncus dioicus</i>	T	0.5-1.0	3
<i>Asarum europaeum</i>	L	0.25-0.5	11
<i>Asclepias incarnata</i>	M	0.25-0.5	7-9
<i>Asclepias tuberosa</i>	M	0.25-0.5	9
<i>Asperula odorata</i> ( <i>Galium odoratum</i> )	L	0.25-0.5	11
<i>Aster ageratoides</i>	M	>1.0	5
<i>Aster cordifolius</i>	T	0.5-1.0	5
<i>Aster divaricatus</i>	M	0.25-0.5	7
<i>Aster ericoides</i>	M	0.25-0.5	5
<i>Aster laevis</i>	M-T	0.25-0.5	7
<i>Aster lateriflorus</i> 'Horizontalis'	M	0.5-1.0	7
<i>Aster novae-angliae</i>	M-T	0.25-0.5	5
<i>Aster oblongifolius</i> 'October Skies'	M	0.5-1.0	3-5
<i>Aster tartaricus</i>	M-T	0.5-1.0	7
<i>Aster umbellatus</i>	T	0.25-0.5	7
<i>Aster xherveyi</i> 'Twilight' ( <i>A. macrophyllus</i> )	M	0.5-1.0	7
<i>Aster xfrikartii</i>	M	0.25-0.5	7
<i>Astilbe chinensis</i> varieties	M	0.25-0.5	7
<i>Astilboides tabularis</i>	M-T	0.25-1.0	7

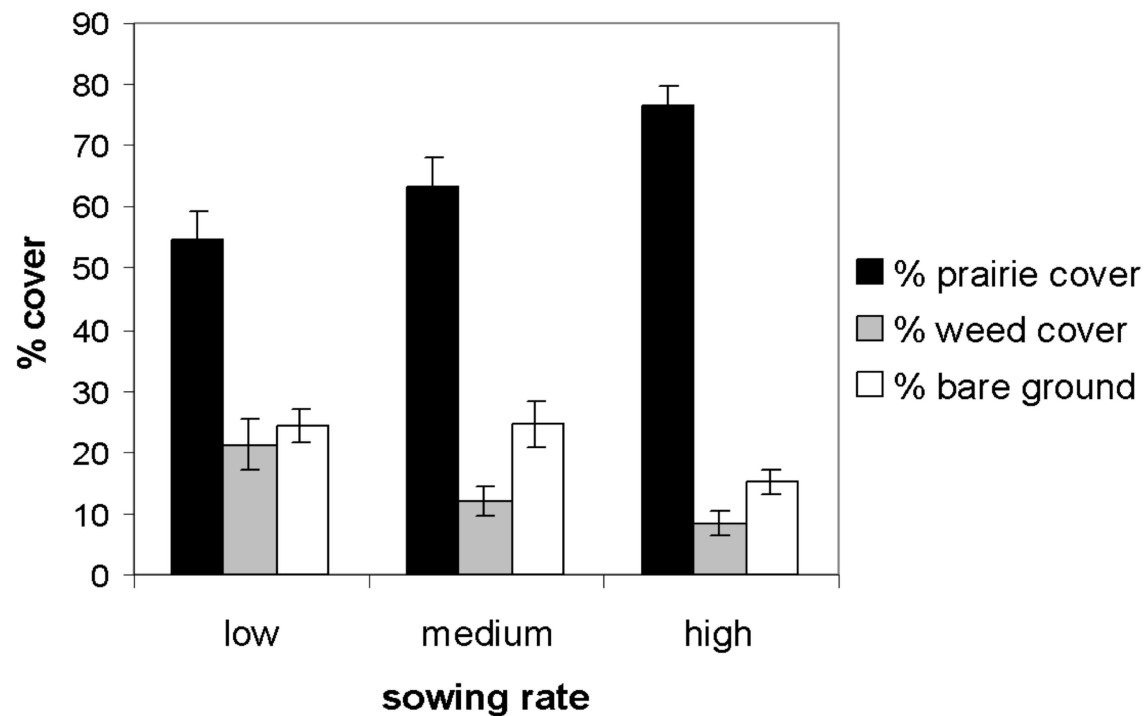
	HEIGHT (M)	SPREAD (M)	N° PER M²
<i>Astrantia major</i>	S	0.25-0.5	11
<i>Baptisia australis</i>	M	0.5-1.0	1
<i>Baptisia alba</i> ( <i>B. leucantha</i> )	M	0.25-1.0	1
<i>Bergenia</i> spp. and cvs.	L	0.25-0.5	9
<i>Boltonia asteroides</i>	T	0.25-0.5	7
<i>Brunnera macrophylla</i>	S-M	0.25-0.5	11
<i>Bupthalmum salicifolium</i>	S	0.25-0.5	7
<i>Calamintha nepeta</i> subsp. <i>nepeta</i>	S	0.25-0.5	11
<i>Campanula glomerata</i>	S	0.25-1.0	11
<i>Campanula lactiflora</i>	T	0.5-1.0	7
<i>Campanula persicifolia</i>	S	0.25-0.5	9
<i>Campanula poscharskyana</i>	L	0.5-1.0	7
<i>Campanula trachelium</i>	M	<0.25	9
<i>Centaurea montana</i> and cvs.	S	0.5-1.0	7
<i>Cephalaria gigantea</i>	T	0.5-1.0	5-7
<i>Ceratostigma</i> <i>plumbaginoides</i>	S	0.25-0.5	11
<i>Chaerophyllum hirsutum</i> 'Roseum'	M-T	0.25-0.5	5
<i>Chelone obliqua</i>	M	0.25-0.5	9
<i>Clematis heracleifolia</i> , <i>C. integrifolia</i> and hybrids	M	0.5-1.0	3-5

	HEIGHT (M)	SPREAD (M)	N° PER M²
<i>Coreopsis tripteris</i>	T	0.25-0.5	7
<i>Coreopsis verticillata</i>	S	<0.25	7
<i>Crambe cordifolia</i>	M	0.5-1.0	1-3
<i>Crocasmia hybrids</i>	M	0.25-0.5	9
<i>Darmera peltata</i>	M	0.25-1.0	9
<i>Delphinium hybrids</i>	T	0.25-0.5	9
<i>Desmodium canadense</i>	M	0.25-0.5	5
<i>Dierama</i> spp. and cvs.	M-T	0.25-1.0	9
<i>Digitalis</i> spp.	M-T	<0.25-0.5	11
<i>Doronicum</i> spp. and hybrids	S-M	0.25-0.5	9
<i>Echinacea</i> spp. and cvs.	M	0.25-0.5	9
<i>Echinops</i> spp. and cvs.	M-T	0.5-1.0	7-9
<i>Epimedium</i> spp. and cvs.	S-M	0.25-0.5	11
<i>Eryngium bourgatii</i>	S	0.25-0.5	9
<i>Eryngium xtripartitum</i>	M	0.25-0.5	9
<i>Eryngium yuccifolium</i>	T	0.5-1.0	9
<i>Eupatorium maculatum</i> and related spp.	T-VT	0.25-1.0	5-7
<i>Eupatorium perfoliatum</i>	M-T	0.25-0.5	7
<i>Eupatorium rugosum</i>	M	0.25-0.5	5

## Use density as a tool to reduce rate of change-weed invasion

This operates for both woody and herbaceous plant communities

Operates through increasing shade and degree to which resources are fully utilised



For herbaceous plants and shrubs, it is often better and more cost effective to specify a larger number of smaller stock size plants to ensure designed plants are able to out compete weeds.

(5.5 Specifying plant sizes and form  
Landscape Consultants Toolkit)

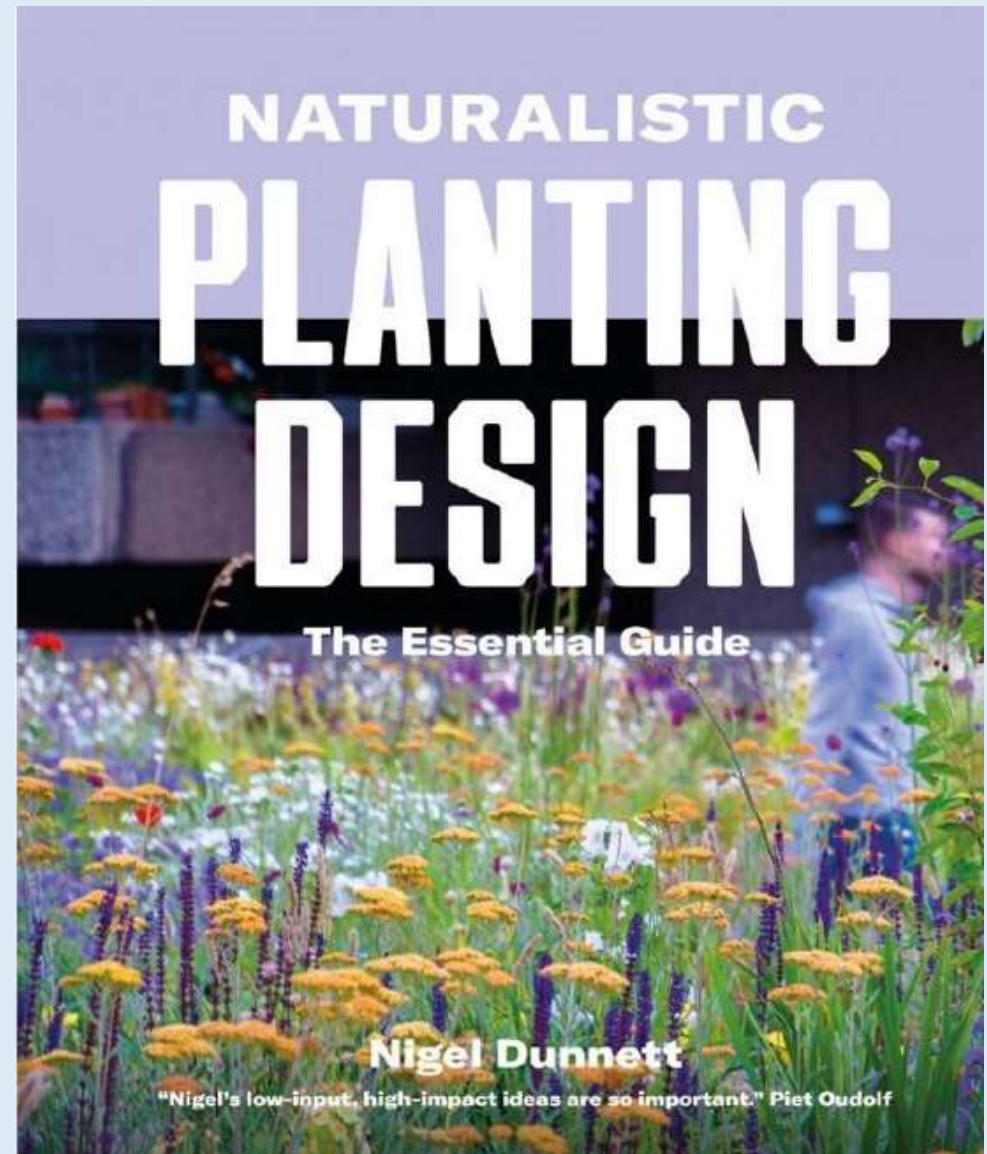


This book explains the concept of mixes by seed in much more detail with real case studies



# Nigel's approach

- Planting design is an art form: tuned to nature
- Framing Nature: the context for a more natural style of planting design
- Reading Nature: design lessons from wild plant communities
- Making Nature: Planting Design methods and examples
- There is an un-ending source of inspiration for planting design from natural plant communities





# EXAMPLE: THE BARBICAN

Design: Nigel Dunnett

Design Objectives:

To create a 'climate-adapted' urban landscape that does not require regular irrigation

To use 'steppe' plantings to achieve this: perennials and grasses adapted to exposed dry conditions

To deliver very long season of flowering, using successional layers to create waves of colour

To have visual interest in winter as well as at other times of the year

To use simple maintenance method

To create an overwhelming 'immersive' experience of being in nature



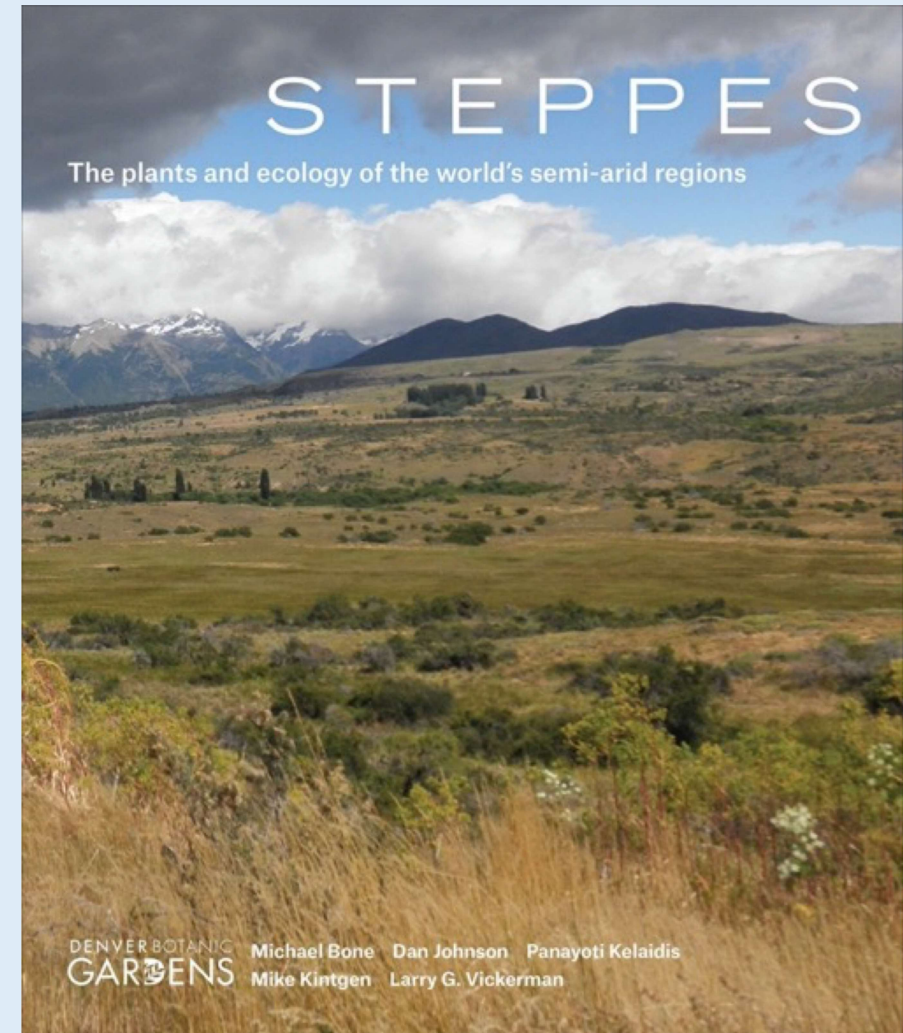
<http://www.nigeldunnett.com/barbican/>

'Clean Cultivation' – low diversity,  
bare ground beneath plants





Steppe is a term for semi-arid grassland vegetation



## The planting scheme consists of three main 'Designed Plant Communities

1. STEPPE plantings in full sun. These are mixtures of grasses and perennials that are naturally adapted to dry, exposed conditions.
2. SHRUB STEPPE plantings which combine similar mixes of perennials and grasses to the steppe plantings, but with additional low-density shrubs and multi-stemmed trees, to create multi-layered plantings with year-round structure and interest.
3. LIGHT WOODLAND plantings in part-shade, and where the growing medium depths enable tree growth. Multi-stem trees, widely spaced, with a scattered understory of shrubs, and a diverse perennial ground layer.



# Broad Guidance

## Composition of a Mixed Perennial Planting

Structural (Emergent/Anchor) Plants	+/- 10%
Supporting (Satellite) Plants	+/- 40%
Ground covers	+/- 45%
Space fillers (short-lived)	+/- 5%
Total	100%

Density 9/m<sup>2</sup>

(Bulbs 20-50/m<sup>2</sup> )



‘I always start with what I call ‘Anchor Plants’ – the main ones that define the framework of the planting. They don’t have to be large, architectural or structural, but they are the starting point, around which everything else revolves: the centres of gravity, or the core plants, of the planting’ (Dunnett in <http://www.nigeldunnett.com/barbican/> )





<http://www.nigeldunnett.com/barbi-can/>

Matrix Anchors: plants that form a framework or network that other plants are embedded within





The second set of plants to be set out are 'Satellite Plants' that work in association with the anchor plants, and which start to fill out the main bulk of the planting.





Finally, the 'Filler Plants' are those species that are rather more in the background, or which provide seasonal highlights, and which are used to fill the remaining spaces.



In spring the steppe plantings are full of vibrant colour, as bulbs and smaller perennials flower amongst the grasses and the emerging foliage of the later flowering species. Species tulips and other small bulbs from arid places are perfect for these sorts of plantings. Across the whole site, the acid yellow of *Euphorbia polychroma* and *Euphorbia characias* mix with the bright colours of the bulbs, and early perennials such as cowslips and pasque flowers



<http://www.ni.geldunnett.com/barbican/>

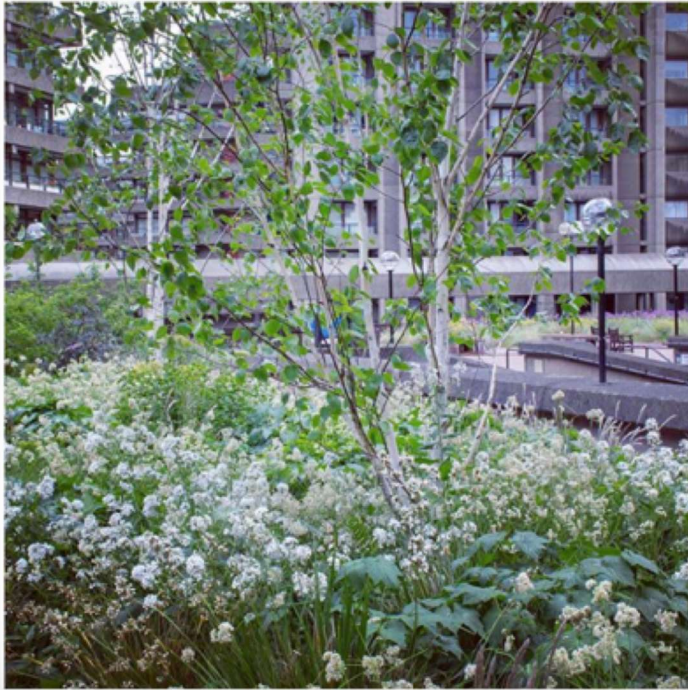


In late spring and early summer the steppe plantings take on the character of sparkling dry meadows, full of pink, blue and mauve flowers.

The P3 Rule - At any one time there are probably only three plants look good even though there are more in the mix; there is a sequence of colour.

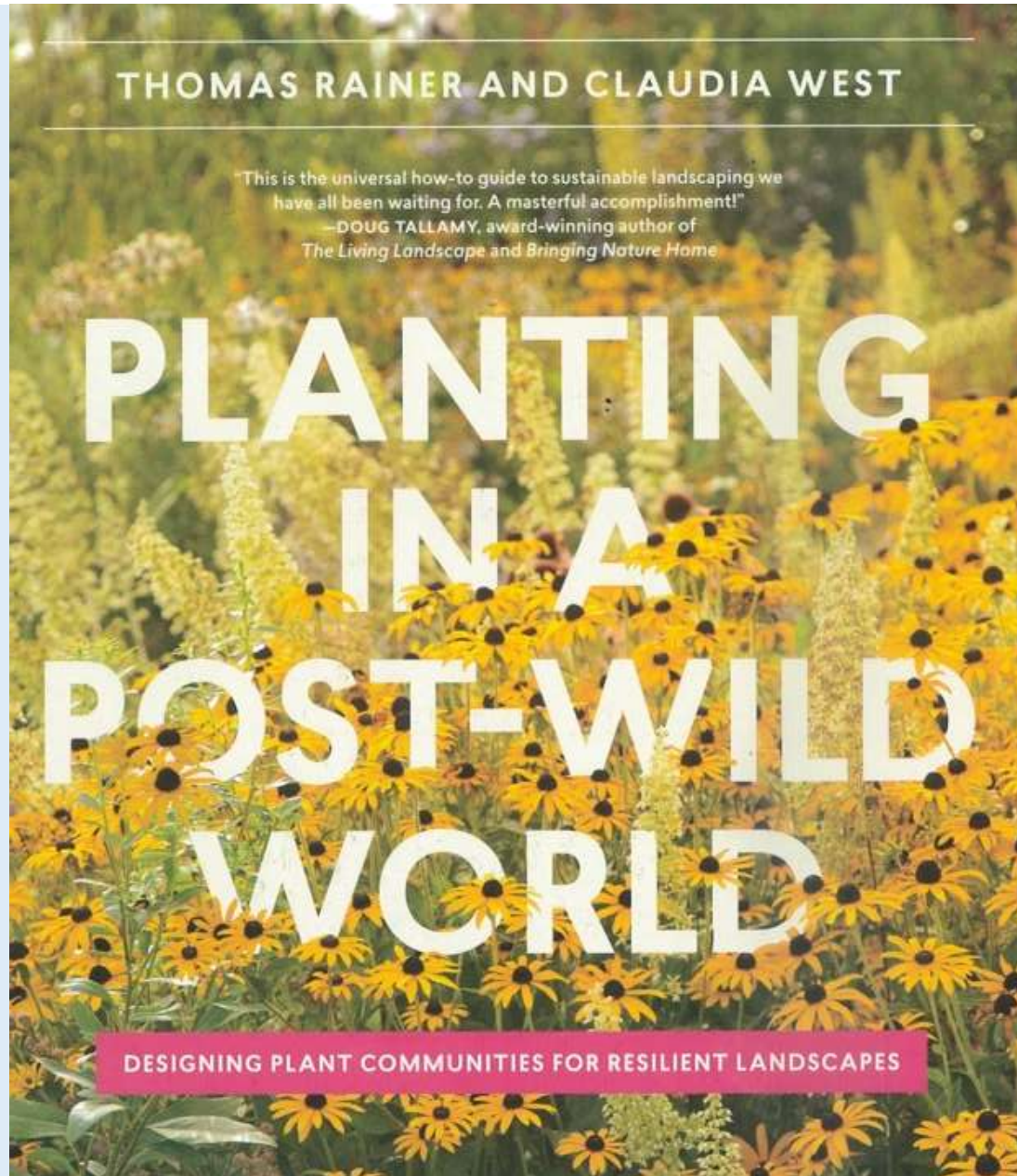






Follow Nigel on Twitter [@NigelDunnett](#) and on Instagram [@nigel.dunnett](#)





THOMAS RAINER AND CLAUDIA WEST

"This is the universal how-to guide to sustainable landscaping we have all been waiting for. A masterful accomplishment!"

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*The Living Landscape* and *Bringing Nature Home*

# PLANTING IN A POST-WILD WORLD

DESIGNING PLANT COMMUNITIES FOR RESILIENT LANDSCAPES

Chapter titled;  
'Creating and  
**Managing** a Plant  
Community' –  
pp.189-242

'Smart  
management is a  
creative process  
requiring a large  
vision as well as  
attention to  
details' (p.241)

## Ecological Maintenance/management of landscape vegetation

What are some of the characteristics of horticultural maintenance?

- Each plant species present is given specific treatment
- It is based on a process of trial and error followed by refinement
- It may involve unnecessary resource expenditure; confuse the practice of craft skills with what is essential?



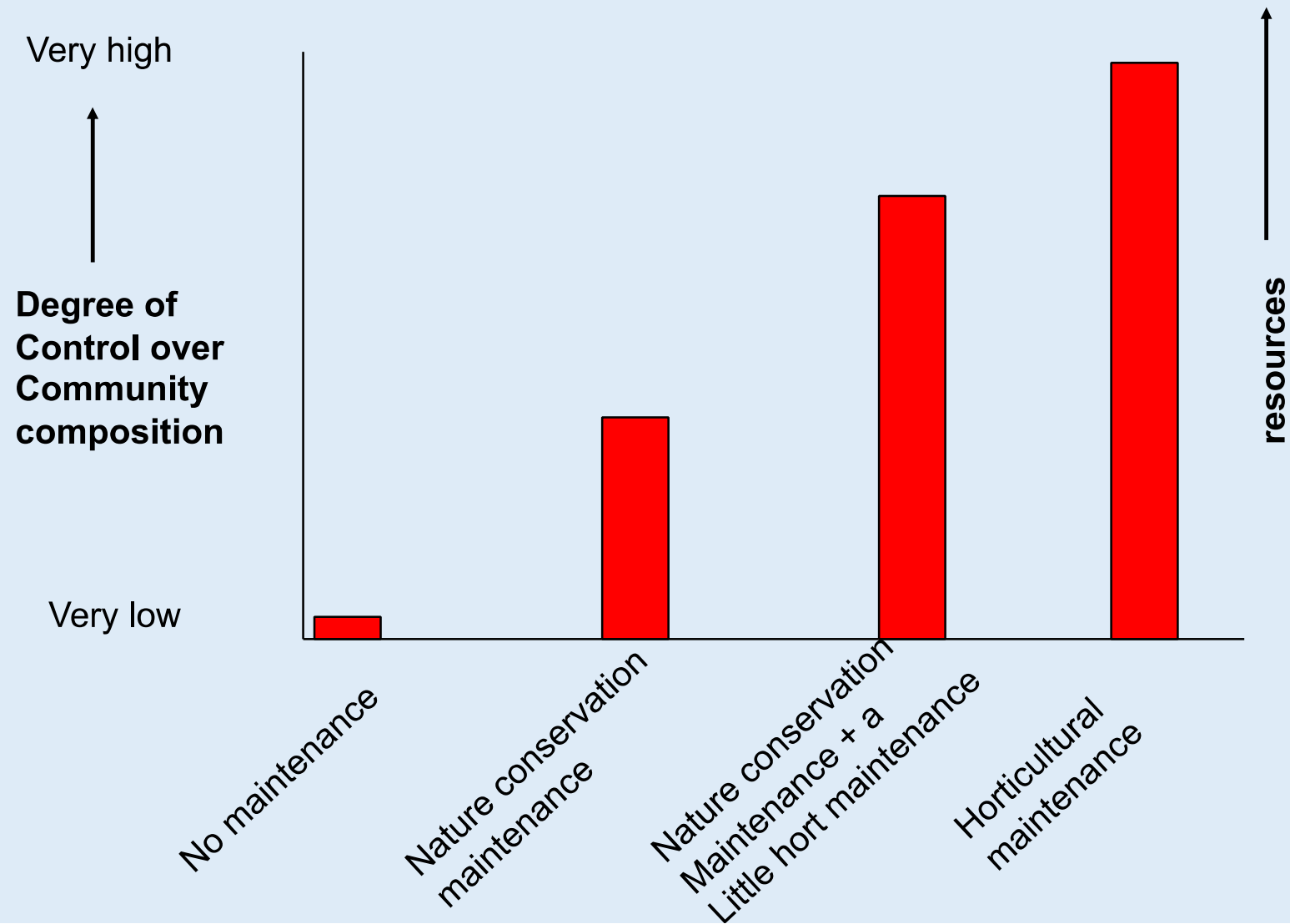


What are the characteristics of ecological (nature conservation) maintenance?

- The same treatment is applied to all plants in a community on the same day
- It is about the community not the individuals making up the community
- This allows inputs to be simplified, whether it's a woodland, shrub or herb community
- The flip side is that it requires more understanding of how the individual plants will respond to these management actions

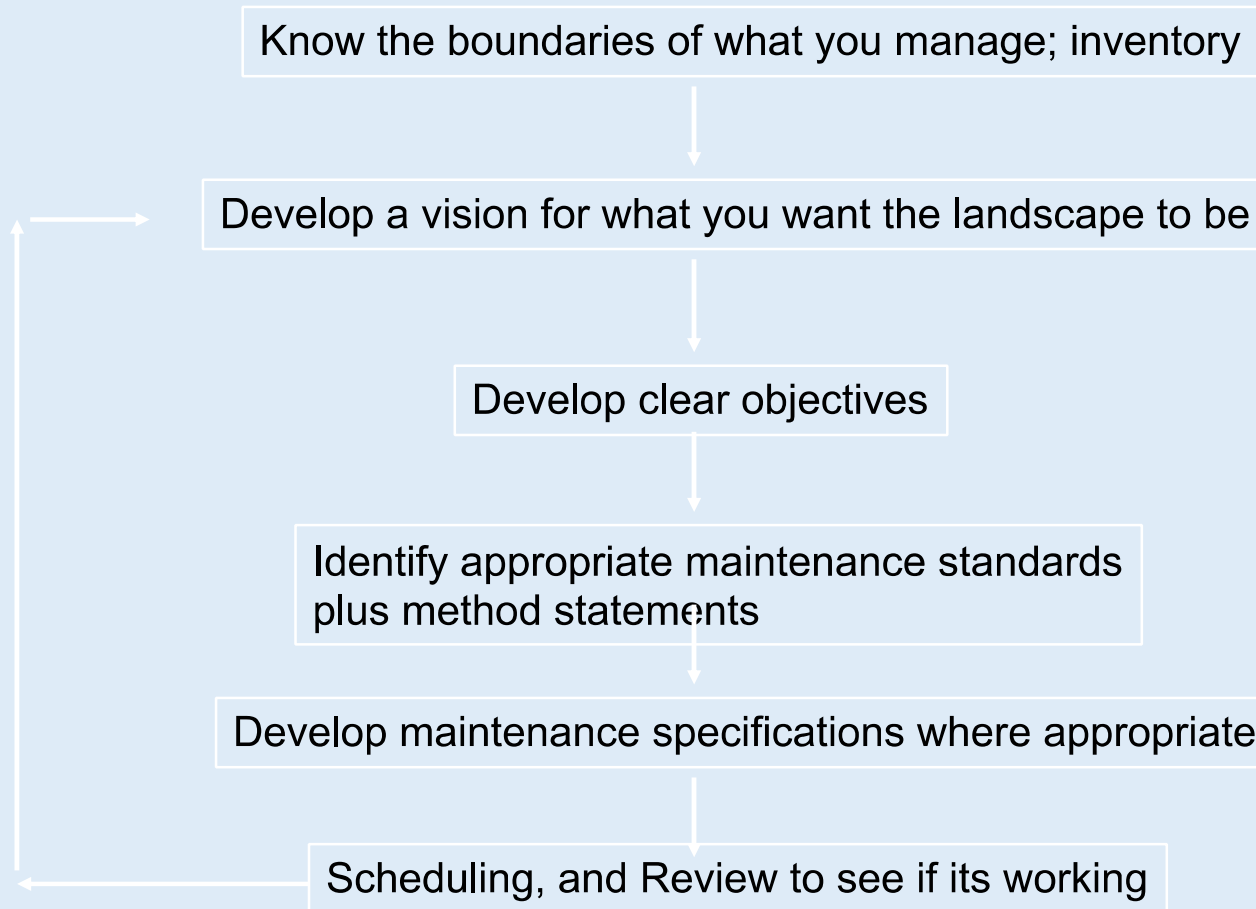


North American Prairie, Sheffield Botanical Gardens.  
February 2019





# The process of managing landscapes



## Feedback on visit to Burgess Park 11<sup>th</sup> September 2014

### James Hitchmough Design and Management

#### Western slopes

Generally quite good. The focus needs to be all about keeping the slopes as grass free and open as possible (other than the *Festuca amethystina*), and editing out the bad weeds as we discussed

Work on the bad weeds is as follows:

#### Now;

Hand pull *Conyza* before anymore seed is spilt, and visually tidy up the slopes, also tall *Epilobium* in swales near Camberwell Road. In the future hand pull the *Conyza* in late summer before seed release.

Use a fork to prize out of the ground plants of *Artemisia*, plus *Tussilago*  
Remove seed heads of Docks; try to minimize seed spill. Use big bag over the top, bend and cut base of stems. Again in future years do this before seed set

**Autumn**, split some *Calamagrostis* and plant to bring more forward into the swale.  
Move the *Calamagrostis* on mound 1 to space them out across the slope towards the swale.









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