



CPD

Health, Wellbeing and Place:

How landscape delivers positive change

27-29 Jan 2021, Online

#LICPDDAY
#HEALTHYPLACES

| DAY ONE (27 January 2021) | | | |
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| 09:00 – 09:05 | <p>Welcome Jane Findlay, President, Landscape Institute Paul Lincoln, Landscape Institute Laura Schofield, Landscape Institute</p> | | |
| 09:05 – 09:45 | <p>Main Stage 1A. Keynote: From Movement to Memories: How Landscape Shapes our Health and Wellbeing Landscape Architects have an important role to play. The causes of ill-health today are different from those 50 years ago, and we must continue to shape places that support the mental and physical health of 21st century populations. Uncover the research available in this keynote session, such as the ‘Putting Health into Place’ report from the Healthy New Towns project, which provides extensive practical advice on how to build the healthiest places possible. Julia Thrift, TCPA Chair: Jane Findlay</p> | | |
| 09:45 – 10:00 | <p>BREAK - Sponsor exhibitions</p> | | |
| 10:00 – 11:05 | <p>Main Stage 2A. Creating Healthy Communities: Evidence, Policy, Practice The evidence linking green infrastructure and health is compelling. We now need to rethink how we understand and communicate the diverse uses and benefits of our green assets. This workshop will discuss the role green infrastructure plays in promoting and protecting the health and wellbeing of the population, and how it can be used not only to meet public health objectives, but wider local priorities. We will also uncover new and upcoming resources that give practical support for the development and maintenance of good quality GI. Carl Petrokofsky, Public Health England Chair: Jane Findlay</p> | <p>Breakout Session 2B. Building with Nature: Putting people and wildlife at the heart of development Understand the Building with Nature benchmark for high quality infrastructure, developed to accredit both physical development and policy documentation. This session will draw upon the rich evidence that exists to support a nature-friendly approach to development and realise our potential as healthy and happy communities. Dr Gemma Jerome, Building with Nature Chair: Laura Schofield</p> | <p>Virtual Site Visit 2C. Exploring Bankside Urban Forest A virtual tour of Bankside Urban Forest. At this session you will find out how landscape partnership coordinated by Better Bankside is transforming the network of streets and spaces across Bankside through a range of large, small, temporary, permanent and tactical projects with green infrastructure and creative placemaking at their heart. We will discuss how a partnership approach is delivering transformative change to the public realm in an inner-city environment. This session will then uncover how green infrastructure is being successfully woven into Bankside’s medieval street pattern. You will also find out how local workers are actively participating in maintaining these projects, and the health and well-being benefits this brings. Valarie Beirne, Bankside Urban Forest Chair: Paul Lincoln</p> |

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| 11:05 – 11:30 | BREAK - Sponsor exhibitions | | |
| 11:30 – 12:35 | <p>Main Stage 3A. Exploring Health Impact Assessment What are Health Impact Assessments (HIA) and how can they support landscape and land use planning? This session will introduce the concept and methodology of HIAs and consider how (and why) HIA can support the interpretation of Health & Well-Being within the context of landscape/land use planning. This is particularly important now more than ever following Covid-19 and how the focus needs to shift to enable 'A Green Recovery'. Presentation and discussion. Lee Parry Williams, Public Health Wales Chair: Jane Findlay</p> | <p>Breakout Session 3B. Tackling health inequality with intelligent digital design This session will explore how to tackle health inequality with intelligent digital design. Landscape has the potential to positively impact on the health, wellbeing and resilience of our less socially, economically and physically mobile people, if suitably targeted. How can we help local authorities with this urgent task? Could intelligent landscape design combine with digital mapping to provide a way to speed up the delivery and enable positive change? Alison and Diana will explore some of the issues and potential solutions. Diana will consider how GIS analysis can support and inform prioritisation of landscape interventions, and will explore the range of data available to Local Authorities and landscape professionals to identify priorities at a strategic level. Alison will discuss projects in Thamesmead and Glasgow where delivery of quality, accessible green space is having a measurable impact. Alison King, LUC Diana Manson, LUC Chair: Laura Schofield</p> | <p>Breakout Session 3C. Transforming Places, Transforming Lives In this session, the Land Trust will uncover the ways in which their approach to green space management transforms the mental and physical wellbeing of users. As supporting evidence, Alan will unpack the Trust's innovative 'Health for Life' project, run in partnership with the Countess of Chester Hospital, and dissect the impact of the Green Angels volunteer training programme, amongst other health initiatives led by the national land management charity. Alan Carter, Land Trust Chair: Paul Lincoln</p> |
| 12:35 – 13:00 | <p>Closing Session Jane Findlay, President, Landscape Institute Paul Lincoln, Landscape Institute Laura Schofield, Landscape Institute</p> | | |

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| DAY TWO (28 January 2021) | | | |
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| 09:00 – 09:05 | <p>Welcome Marcus Grant, Cities & Health Carolin Göhler, Landscape Institute Vice President Paul Lincoln, Landscape Institute</p> | | |
| 09:05 – 09:45 | <p>1A. Keynote: The role of GI standards in the promotion of healthy places This interactive session will explore the health and wellbeing benefits through ecosystems services, and how GI can be designed to deliver these benefits. It will introduce the National Framework of GI Standards, a 25-Year Environment Plan commitment being developed by Natural England with stakeholders to help enhance the nation’s green infrastructure provision so that it can play a vital role in greening our towns and cities and in the nation’s green recovery from Covid-19. This session will also look at the evidence for the health and wellbeing benefits of green infrastructure. It will discuss the purpose, rationale and content of the emerging National Framework of GI Standards, process maps, GI’s mapping and analyses, design guidance and signposting to other relevant standards. You will get an awareness of the opportunities to use the National Framework of GI Standards by local authority planners, neighbourhood planning groups, developers and parks to enhance GI and to deliver health and wellbeing benefits and address inequalities as part of placemaking. Jane Houghton, Natural England Chair: Marcus Grant</p> | | |
| 09:45 – 10:00 | <p>BREAK - Sponsor exhibitions</p> | | |
| 10:00– 11:05 | <p>Main Stage 2A. Designing for an Active Future Creating a built environment to support healthy active ageing is essential. Working with the Heart Foundation and experts across Australia, HASSELL have found a solution. Informed by World Health Organisation frameworks, international evidence and Australian policy, this session will provide an in-depth exploration of HASSELL’s internationally-recognised Healthy Active By Design (HABD) tool. Now with an active ageing integration, an expansion of existing design principles to encompass a whole life-span approach, the tool provides a strong foundation for constructing an exemplary and inclusive built environment. Robina Crook, Hassell Chair: Marcus Grant</p> | <p>Breakout Session 2B. The Role of Social Prescribing Join Sarah Preston of Natural England and learn of her strategic work in connecting communities with the natural environment, including efforts to embed social prescribing into the NHS. Sarah Preston, Natural England Chair: Carolin Göhler</p> | <p>Virtual Site Visit 2C. Creating an Inspirational Neighbourhood: The Story of Coin Street Community Builders Coin Street Community Builders create live, work and play spaces to support community development and inspiring places. They’ll talk about their story and their work as a social enterprise. The session will also explore the redevelopment of Bernie Spain Gardens and the riverside walkway as well as giving an overview on their Covid-19 experiences. Iain Tuckett, Coin Street Community Builders Chair: Paul Lincoln</p> |

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| 11:05 – 11:30 | BREAK - Sponsor exhibitions | | |
| 11:30 – 12:35 | <p>Main Stage 3A. Holistic Healthy Design: A look at Cranbrook’s Healthy New Town How can a health-led approach create a better understanding of sustainable development? The Cranbrook Healthy New Town pilot programme has been working with health services to identify the ways urban form affects health and wellbeing. This session will uncover the robust evidence pinpointing how collaboration, big data and a ‘whole person’ approach can transform the ways we design for and develop communities. Kenji Shermer, East Devon District Council Chair: Marcus Grant</p> | <p>Breakout Session 3B. Beyond Biodiversity: The Hidden Health Benefits of the Urban Green Roof Green Roofs are often a hidden gem within urban environments, offering so much more than the obligatory points and scoring system of sustainability and biodiversity. They offer spaces to rest and relax alongside the added benefit of viewing the world from an elevated perspective. Within this session the types of green roofs that are currently in development will be highlighted, alongside the benefits of green roofs and the considerations to make when specifying a green roof. Mark Wood, Green-tech Ltd Chair: Carolin Göhler</p> | <p>Product Demonstration 3C. Retrofitting Health and Wellbeing Product Demonstration This session will consider the use of engineered systems and innovations to maximise the potential of our urban environments to deliver health and wellbeing outcomes. The following situations will be considered: - Opportunities for rooftop level innovation to store water, provide amenity and places for exercise - Providing recreation and leisure space that also manages water - Retrofitting healthy streets – tree pits and SuDS for enhanced wellbeing By the end of this session, you will know about challenges and opportunities of rooftop design, Tree Pit and Retrofit SuDS designs and overcoming challenges of retrofitting existing street scenes. It will also uncover how sports and leisure spaces can be used for multifunctional purpose. Charlotte Markey, Polypipe Chair: Paul Lincoln</p> |
| 12:35 – 13:05 | SPEED NETWORKING – Meet our speakers and sponsors | | |
| 13:05 – 13:30 | <p>Closing Session Marcus Grant, Cities & Health Carolin Göhler, Landscape Institute Vice President Paul Lincoln, Landscape Institute</p> | | |

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| DAY THREE (29 January 2021) | | | |
|-----------------------------|--|--|--|
| 09:00 – 09:05 | <p>Welcome Professor Anna Jorgensen, University of Sheffield Adam White, Immediate Past-President, Landscape Institute</p> | | |
| 09:05 – 09:45 | <p>1A. Keynote: Creating Healthy Places – the Singapore Experience The global pandemic has put health infrastructure under the spotlight in every country in the world. This doesn't just mean hospitals, but also community-based health which is crucial to caring for our ageing population, opportunities for integrating wellbeing into our parks and green spaces. Ed Baker will present Singapore as a case study looking at the interrelationship between urban planning, landscape design, the countries and strategic health initiatives and in the context of the Covid-19 response. This session will also include a recent case study – the Broadway Malyan planned Health City Novena. Commissioned by Singapore's National Healthcare Group and the Singapore Health Ministry, it is an integrated "health city", a 17-hectare mixed-use built around and existing hospital in central Singapore incorporating healthcare, medical education and community uses, as well as the National Centre for Infectious Diseases (NCID) which has become the centre of Singapore's Covid-19 response. Ed Baker, Broadway Malyan Chair: Anna Jorgensen</p> | | |
| 09:45 – 10:00 | <p>BREAK - Sponsor exhibitions</p> | | |
| 10:00– 11:05 | <p>Main Stage 2A. International responses to a green Covid recovery Romy gives us an overview of the insight that Vestre has gained during the last 9 months into the Covid-19 response across Scandinavia, the UK, the USA and Germany. The session will explore the similarities and differences in the countries' approach to the pandemic and its impact on the public realm. It will also cover Vestre's learnings about the re-distribution of streets and public space will be presented. The session will cover several aspects of sustainable recovery - the environmental (including greening cities to improve air quality); the economic (reviving areas that have been severely impacted by Covid-19); and social (ensuring previous societal inequalities are not worsened post-Covid). Romy Rawlings, Vestre Chair: Anna Jorgensen</p> | <p>Breakout Session 2B. How well considered design can improve wellbeing As we adjust to life with the risk of coronavirus, the great outdoors has never been more important. Join us from the safety of your own home for a virtual presentation discussing how adding green infrastructure through well considered design can make cities healthier places to live, which will enhance wellbeing. You will hear an enlightening presentation from industry expert Euan Taylor (Kinley), with live Q&A at the end of the session.</p> | <p>Breakout Session 2C. Play in the place: the positive impact of community play on children's development and wellbeing Enhancing green spaces and play within the public realm is key to ensure that children have the right tools to improve their development. In this session we will discuss the social, mental and physical benefits of play for children, from using nature's own source - water, wind, light to adding informal play offerings in green spaces.</p> |

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| | | <p>This interactive session will discuss the value of green space and the impact this has upon wellbeing. It will uncover the landscaping futures: the impact of landscape design on community confidence. You will also be inspired by Kinley's landscape edging and raised planter solutions.</p> <p>Euan Taylor, Kinley Chair: Darren Bowie</p> | <p>We'll explore the history of children's roaming within in cities, discuss why it's critical to ensure that there are a variety of play experiences for children in any play space and review the social, physical and mental benefits of play spaces.</p> <p>Mark Grimshaw, Timberplay Chair: Adam White</p> |
| 11:05 – 11:30 | BREAK - Sponsor exhibitions | | |
| 11:30 – 12:35 | <p>Main Stage 3A. The Healing Landscape: An evidence-based approach to designing for healthcare</p> <p>Explore the theory behind healing landscapes. Learn about the historic precedents for linking nature and wellbeing and how, through research, evidence-based design has become the foundation for landscape-oriented healthcare. Uncover some contrasting project examples that illustrate integral healing landscape principles.</p> <p>Jane Findlay, President of the Landscape Institute Chair: Anna Jorgensen</p> | <p>Breakout Session 3B. Health, Wellbeing and Sustainable Urban Design</p> <p>This session will discuss how towns and cities will continue to change in the coming weeks and months in response to the Covid19 crisis. It will also cover how they will determine their resilience, inclusiveness, and economic viability for the future.</p> <p>By the end of this session, you will know the range of best practices for so-called #Covid19Streets and how these will impact our streets and public spaces. You will find out about the ways in which people move, interact and transact in buildings and urban places. We will also uncover Healthy streets approach - discussing range of resources available that will assist in planning and designing of our necessary green spaces.</p> <p>David Rudlin, URBED Howard Gray, GreenBlue Urban</p> | <p>Product Demo 3C. FMS: The secret to lasting active lifestyles</p> <p>Greenspace has always been identified with health and wellbeing. But how can we make these places work harder to develop key skills from an early age that will encourage life long active lifestyles? How can we ensure the opportunity for active lifestyles is available even in the most green-deprived areas?</p> <p>Kristina Causer, Jupiter Play Chair: Adam White</p> |
| 12:35 – 13:05 | <p>Closing Session Professor Anna Jorgensen, University of Sheffield Adam White, Immediate Past-President, Landscape Institute</p> | | |

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